

Class Timetable

Monday

6.00am to 6.30am | Metafit™

9.30am to 10.00am | Metafit™

Tuesday

6.00am to 6.30am | MetaPower™

5.30pm to 6.00pm | MetaPower™

Wednesday

6.00am to 6.45am | Spin

9.30am to 12.00pm | MetaPro PT

Thursday

6.00am to 6.30am | MetaPower™

5.30pm to 6.00pm | MetaPower™

Friday

6.00am to 6.45am | Spin

9.00am to 9.30am | MetaFit™

9.30am to 12.00pm | MetaPro PT

MetaFit™

Mon | 6.00am to 6.30am

Mon | 9.30am to 10.00am

Fri | 9.00am to 9.30am

MetaPower™

Tue | 6.00am to 6.30am

Tue | 5.30pm to 6.00pm

Thu | 6.00am to 6.30am

Thu | 5.30pm to 6.00pm

MetaPro PT

30 min sessions - bookings essential

Wed | 9.30am to 12.00pm

Fri | 9.30am to 12.00pm

Spin

Wed | 6.00am to 6.45am

Fri | 6.00am to 6.45am

★★ Ask us about our ★ FREE ★ 5 day guest pass ★★

Bookings essential to confirm place in the class | Pre-bookings only for MetaPro PT (30 min sessions)

Classes limited to 20 participants | MetaPro PT limited to 2 or 3

Times don't suit? No problem! Bring some friends and we'll train you at a time that works for you!

Corporate Training Available - Get your workmates together and I will train you at your workplace!

13 Grove Road, Blenheim

www.get2itfitness.co.nz

Ph: 02 148 7903

Studio Hours: 5.30am to 6.00pm

Get2it
fitness studio 